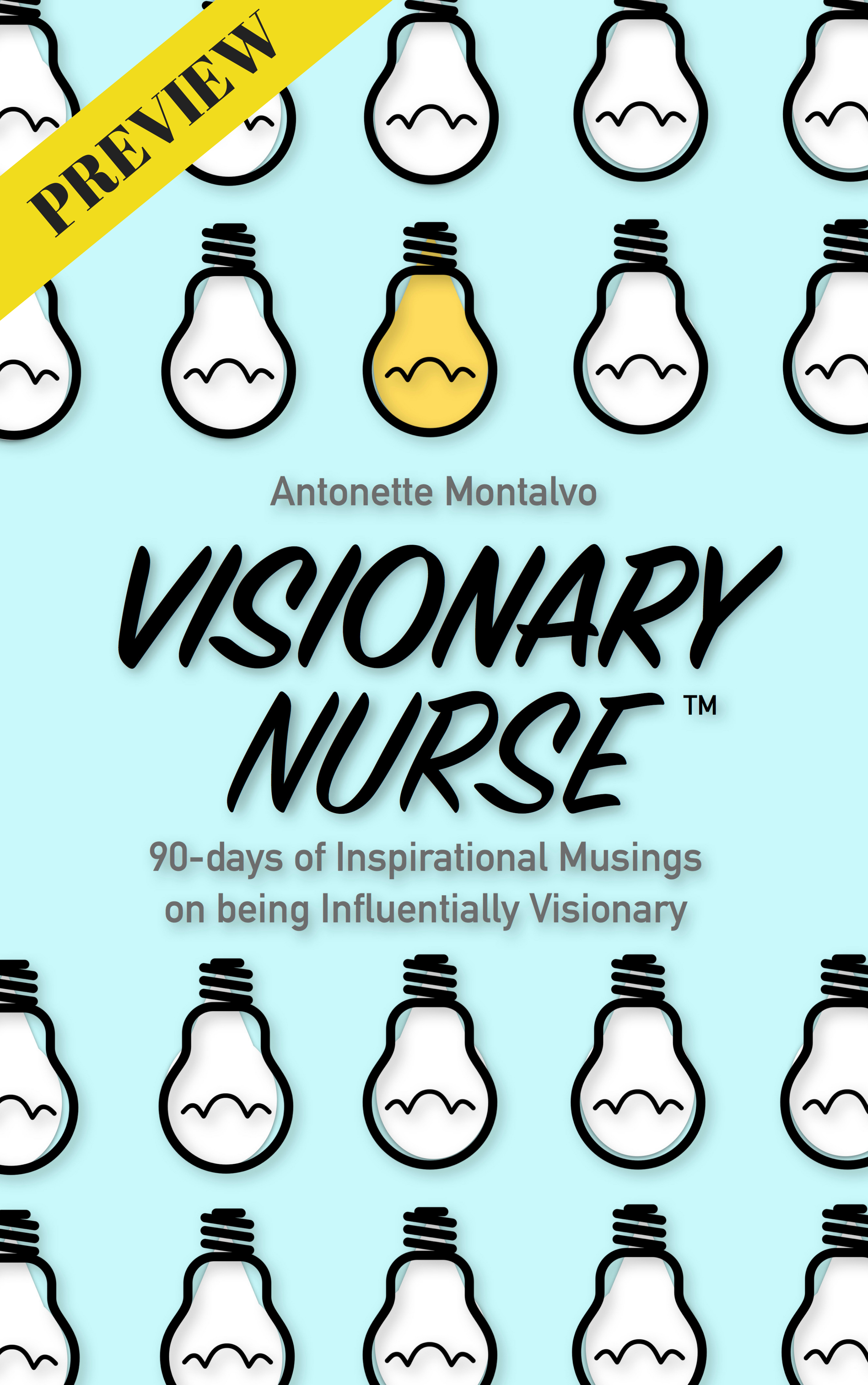


PREVIEW



Antonette Montalvo

VISIONARY NURSE™

90-days of Inspirational Musings
on being Influentially Visionary

Visionary Nurse™

90-days of Inspirational Musings on
being Influentially Visionary

Antonette Montalvo, MSN, CRNP-BC, BSN, RN, BA

Visionary Nurse™: 90-days of Inspirational Musings on being Influentially Visionary

www.visionarynurse.com

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Antonette is a wife and mother, a Pediatric Nurse Practitioner, Community Health Consultant, Life Coach & Mentor for Nurses, and co-founder of Montalvo International Community Health Initiative. She is also beloved by the Father.

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FOREWORD

The purpose of this book is to give you a daily compilation of inspirational thoughts, reflections, and ideas to aid you in your own journey to being influentially visionary. Many times in our lives, we wait for the right moment, validation, or perfect connection to understand, and recognize, our purpose and identity. But if the truth be told, it is FIRST the recognition and understanding that you ARE someone with a purpose that ultimately leads you to the incredible destiny that you are designed for.

This book is not just a quick-read, or a bedside entertainer. I want you to see it as a resource that can be used to remind you of the great vision that is stored in you while waiting to get out and impact the world in a truly inspirational way.

Every 7 to 10 days you will find an opportunity to self-reflect, dig deep, and challenge yourself to go further. I implore you to pause during those days, and really dive in, so you can develop your own vision.

I also hope my own musings will resonate with you, whether nurse, educator, executive, or just everyday person looking for a little inspiration in your life. So, dare to be visionary, dare to be bold, dare to be influentially visionary. ~Antonette

Being a Visionary Nurse

Daily musings to help you embrace your
divinely visionary influence...



Day 01:

Visionary Nursing

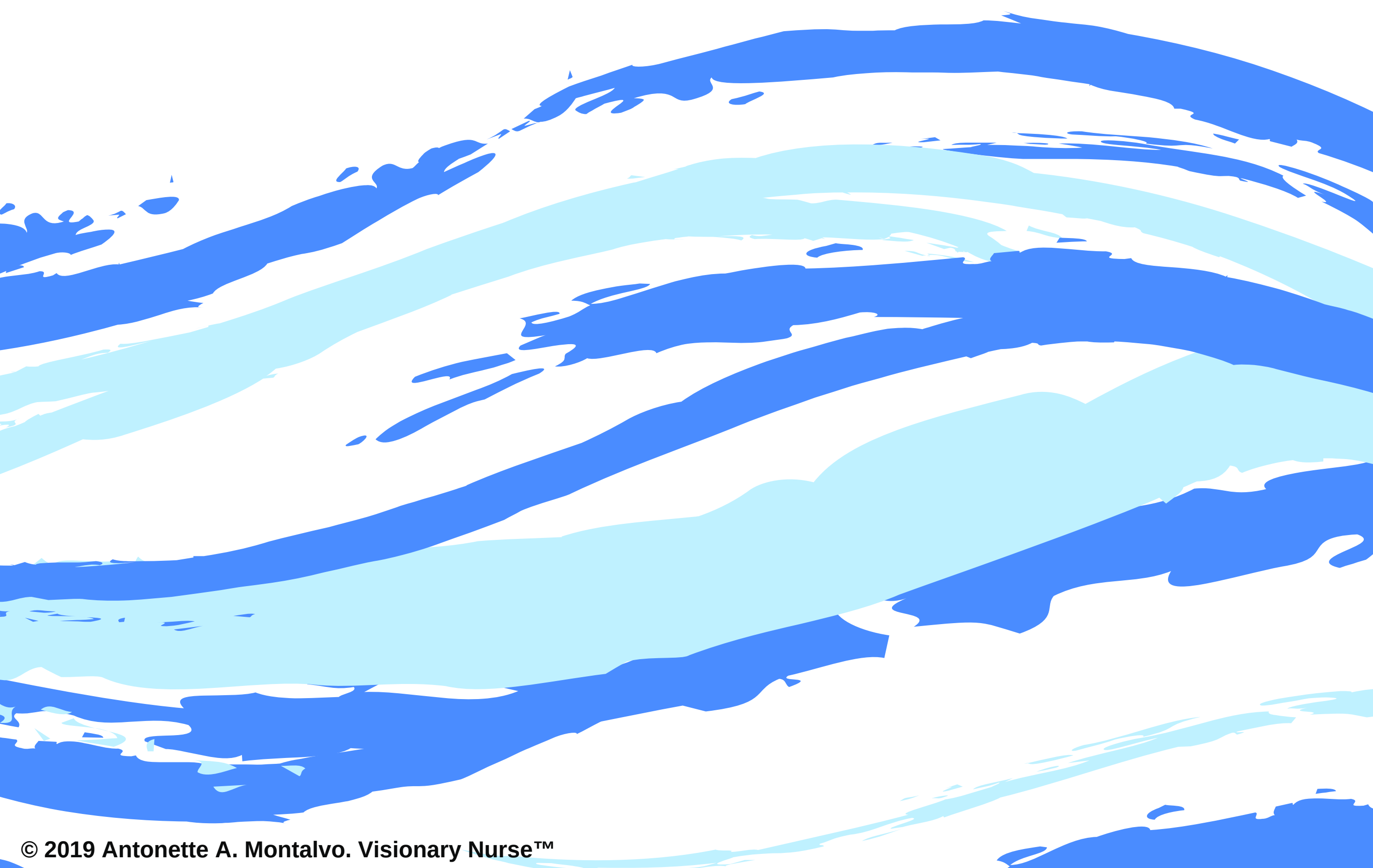
THE WORLD IS SHIFTING, AND TRADITIONAL NURSING AS WE KNOW IT IS CHANGING. IN ORDER FOR NURSES TO CONTINUE TO BE RELEVANT AND EMBRACE THE UNIQUENESS OF OUR PROFESSION, WE MUST BE VISIONARIES IN HOW WE USE OUR TALENTS, SKILLS, AND ENERGY TO MAKE MAJOR IMPACTS ON HEALTHCARE, BOTH LOCALLY AND GLOBALLY. SO DREAM BIG AND EMBRACE YOUR VISION!

DAY 02:

UNIQUELY FLEXIBLE

The nursing profession can be played out in many different ways and different environments, and inherently enhances your ability to be flexible and unique.

From hospitals to community centers, from rural towns to urban cities, from telehealth to village health - being a nurse, in its true essence, is both concrete and fluid all at the same time. So, don't feel limited by your surroundings, but instead, learn how to re-define yourself to reach your highest potential.



DAY 03:

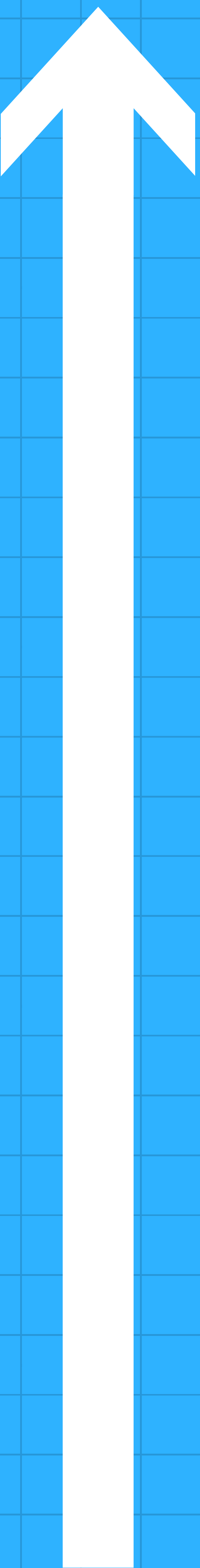
**YOU'RE INVITED,
WHETHER YOU REALIZE
IT OR NOT.**

Remember: You always have something to "bring to the table." Skill does not define identity. Skill is merely a tool to give you access into new situations to expose your amazing potential. Even if you don't know **EVERYTHING** (because no one knows everything!), your unique perspective and insight can, and will, make an incredible impact - that's called innovation.

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DAY 04:

GO FOR IT

BEING VISIONARY IS NOT ALWAYS EASY, BUT IT IS WORTH IT. YOU COULD BE AN EXPERT IN THE ICU OR THE ER. YOU COULD IMPACT JUST ABOUT ANY POPULATION. OUR EXPERIENCE CAN LAND US IN THE BOARDROOM OR IN GOVERNMENT. AND ALTHOUGH BEING VISIONARY SOMETIMES REQUIRES YOU TO “GO AGAINST THE GRAIN,” THE IMPACT IS NOTHING SHORT OF TREMENDOUS. BE VISIONARY!



DAY
05:

VERSATILITY AS A SKILL



Nursing has always been unique in one major area: its versatility. Nurses are able to re-define themselves at any given moment, given the desire, energy, and drive to do so. The skills, knowledge, and people-skills gained in nursing not only prepare you to find a job, literally anywhere, but it also allows you to be relevant in just about every setting in our society. So, at the end of the day, it really is up to us to envision our limitless opportunities. Allow your versatility to be your strongest skillset in being truly visionary.

DAY 6: DON'T JUDGE A BOOK BY ITS COVER

WE, despite our outside exterior or where we choose to work, or with whom we choose to affiliate ourselves, must be willing to re-define ourselves at any given moment. We should be ready to offer a fresh vision and perspective wherever we land. Being a visionary not only keeps us relevant in a fast-changing society, but it also allows us to be an impacting force of influence in how our society is shaped.

The nursing profession's understanding of people's vulnerabilities, how to care for others, and the vision to see ourselves as able to impact others, can and will influence how policy is made, the environment is treated, and communities are developed.

Day 07: Your Insight is Golden

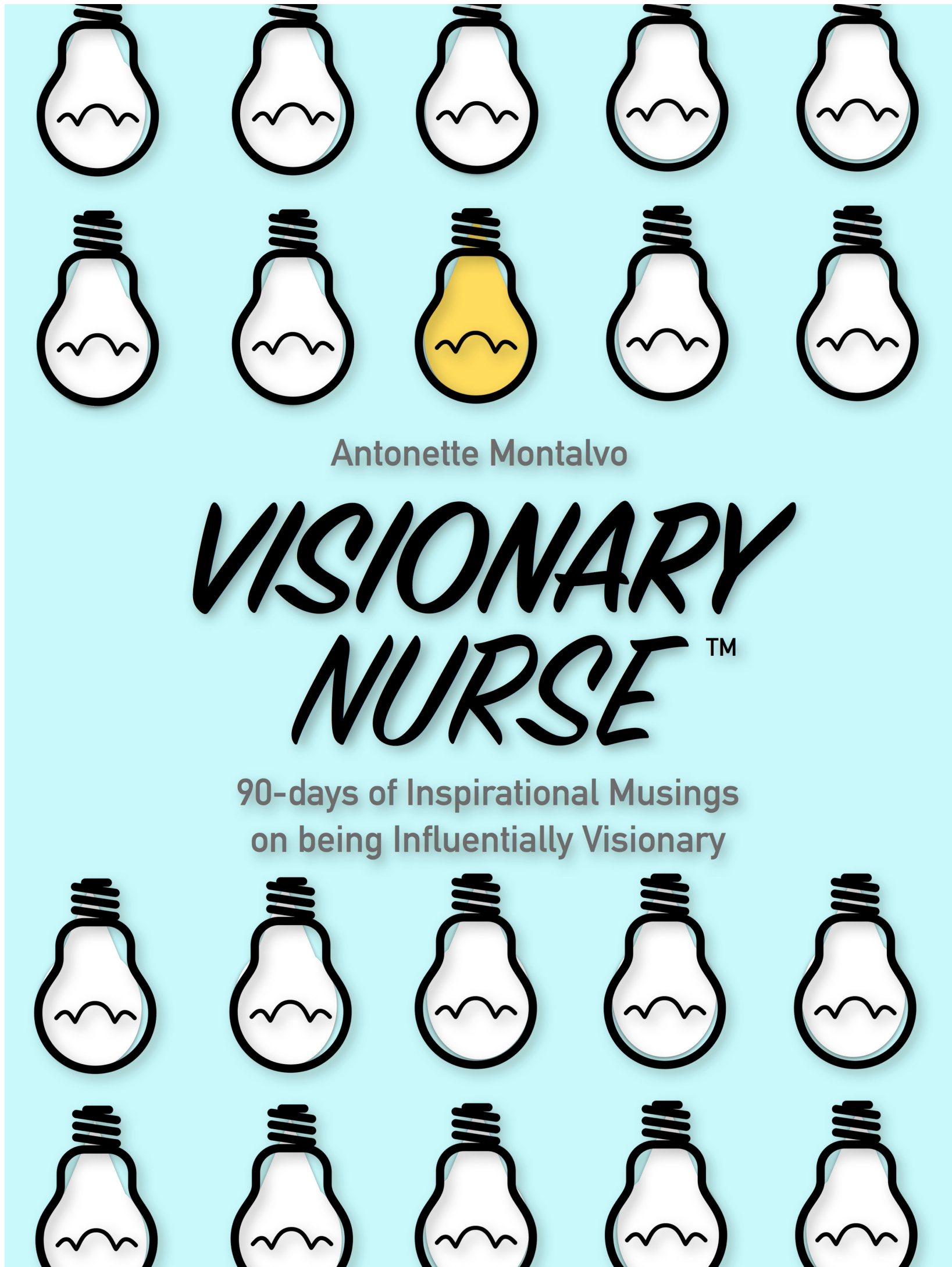
Our insight and experience, as nurses, not only shifts the way care is delivered, but also the way people understand how to care for themselves. The world is shifting, and traditional nursing as we know it is changing. So be relevant and be a visionary!

Self Reflection:

Where have you been frustrated with your current circumstances?

Where can you dare to be more versatile or re-design your situation?





FULL E-BOOK COMING SOON

STAY CONNECTED TO VISIONARY NURSE
TO GET NEWS ON THE RELEASE DATE OF
OUR COMPLETE 90-DAY BOOK

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